

# CDMC

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## Event Report

**Wilderness First Aid Courses** (event) [return to Reports list](#)

Sat Apr 06 to Sun Apr 07, 2013

Leader: **Carol Hunter**

Co-Leader:

What a fantastic weekend.

The weather was mixed, but better than forecast; the location was excellent, on the shores of Comox Lake, and the company was outstanding... a collection of CDMC's finest.

Under the tutelage of a good natured instructor and using nothing but the items found in their packs, these daring individuals dressed a variety of wounds, splint fractures, immobilized spines, dealt with imbedded objects, and even resuscitated a few innocents.

Amidst much laughter and camaraderie, 10 lowly hikers made their way through a maze of assessments and symptoms to become ..... super hikers ..... hikers with first aid knowledge ready to dispense assistance to any unfortunates they meet on their travels.

Well almost.. two of the participants had to leave early so they will finish the course at another session and six of the participants will return next weekend to continue their education, after which I will update this report.



*The lunch break area*  
[Tim Penney photo]



*Shelter building*  
[Carol Hunter photo]



*1 and 2 and 3 and 4.....*



*Creative immobilization*

[Carol Hunter photo]



*Ouch!*  
[Tim Penney photo]

[Carol Hunter photo]



*Real life scenarios*  
[Carol Hunter photo]



*Learning the ropes!*  
[Tim Penney photo]



*Don't worry Tim... you're  
in good hands*  
[Carol Hunter photo]



*Training with the portable AED's*  
[Tim Penney photo]



*It didn't hurt a bit!*  
[Tim Penney photo]

**Report contributors:** Carol H, Tim P,

**Participant list (10 of 10):** Denise A, Jennifer B, Carol H, Krista K, John K, Marie M, Tim P, Bob S, Juanita W, Julianna W,

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