

# CDMC

[Home](#)
[Future trips](#)
[Past trips](#)
[Trip guidelines](#)
[Conditions](#)
[Routes >](#)
[Forum](#)
[Membership](#)
[Reference >](#)
[FAQ](#)
[Photo contest](#)
[What's new](#)
[Member](#)
[Login](#)
[Changes](#)
 today

 yesterday

 < 7 days

 < 30 days

## Trip Report

**2012 Comox Polar Bear Swim** (other) [return to Reports list](#)

Wed Dec 26, 2012

Leader: **Glenn Ord**

Co-Leader: **Sheila Ord**

The 2012 Boxing Day Polar Bear "Swim" at Goose Spit was a big success.

We had a good CDMC turnout at this community event, 6 members and 8 guests, including swimmers, supporters, and camera people to record this exhilarating trip.

The CDMC liability and indemnity waiver form which everyone signed before the event states something about "inappropriate or inadequate clothing". The swimmers were all dressed in summer attire complete with sunhat, sunglasses, short sleeved shirts and short. Harold was even sporting a snorkel and mask. This was definitely appropriate clothing for the event.

The conditions were air temperature of 5 degree and the sea water a balmy 2 degree.

Everyone found it quite cool standing around before the plunge even with all the hot chocolates we were consuming. At noon sharp there was no hesitation and we all bravely ran into the sea with the crowd. Surprisingly the water did not seem all that cold (though most of us were not in for more than 20 seconds). And, surprisingly, when we were standing around all wet, we found it warmer than before we had entered the water.

Harold wins for being the longest time in the water. We had to finally tell him to get out.

Carol wins for being the fastest time running in and out of the sea. She was clocked at 10 seconds!

We had a guest swimmer join into the event. He now wants to join the club if we continue to have more of these fun and challenging trips.

Afterwards we shared in a few laughs and warmed our bellies with hot drinks and chilli.



*Ready, set go!*  
[Glenn Ord photo]



*.....everyone out of the pool*  
[Glenn Ord photo]



*Mario, Carol, Bob, Sheila,  
Harold... Team Hawaii  
[Stella Barrie photo]*



*Bob, Mario, Carol, Sheila,  
Harold...AWESOME!  
[Stella Barrie photo]*



*Bob consoling a distraught Harold in not winning age  
prize...  
[Stella Barrie photo]*

---

**Report contributors:** Glenn O, Sheila O, Bob S,

**Participant list (14 of 14):** Jane B:*guest*, Stella B, Carol H, Eric M:*guest*, Glenn O, Sheila O, Harold O, Judy O, Bob S, Marco T:*guest*, Mario T:*guest*, Melodie T:*guest*, Denise T:*guest*, Kevin T:*guest*,

[return to Reports](#)