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## Trip Report

**Maud Island (Quadra) (hiking)**
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Wed Jul 21, 2010

 Leader: **Krista Kaptein**

Co-Leader:

We had a great day on Quadra, starting at the Morte Lake trailhead hiking approx. 9 k to Maud Island & back for a total of about 18 km. : a long trek! but moderate terrain.

At the causeway to the island there is no sign yet of the beginnings of the proposed tidal power generation project. (see CR Courier-Islander June 9,2010) The project is hoped to be complete next year- recreational access to Maud Island would be retained.

The currents in Seymour Narrows were about 5-6 knots (I discovered the relevant current tables after the trip! - they can get up to 16 knots apparently) still quite impressive.

From the viewpoint we could see Mt. Albert Edward, Rambler Peak, Elkhorn, King's Peak & Crown Mountain in the distance.

A swim at Morte Lake (not cold enough for some swimmers!) rounded out the day.



*Red squirrel - our native squirrel*  
[Krista Kaptein photo]



*Twinflower (Linnaea borealis)*  
*without the twin!*  
[Krista Kaptein photo]



*View south of Seymour Narrows*  
*with Mt. Albert Edward beyond*



*View west of the Ripple Rock*  
*Trail bluffs across the Narrows*

[Krista Kaptein photo]



*View north of Seymour Narrows*  
[Krista Kaptein photo]

[Krista Kaptein photo]



*Tugboat & barge entering Seymour Narrows*  
[Krista Kaptein photo]



*Whirlpools below*  
[Krista Kaptein photo]



*Swim at Morte Lake*  
[Krista Kaptein photo]



*Pinedrops  
(Pterospora andromedea)*  
[Krista Kaptein photo]



*Red leaves of Oregon grape (Mahonia nervosa)*  
[Krista Kaptein photo]

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**Report contributors:** Krista K,

**Participant list (7 of 8):** Glen C, Pal H, Frank H, Krista K, Rea M, Monica M, Darrell T,

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