

# CDMC

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### Changes

-  today
-  yesterday
-  < 7 days
-  < 30 days

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Sun Mar 27, 2016

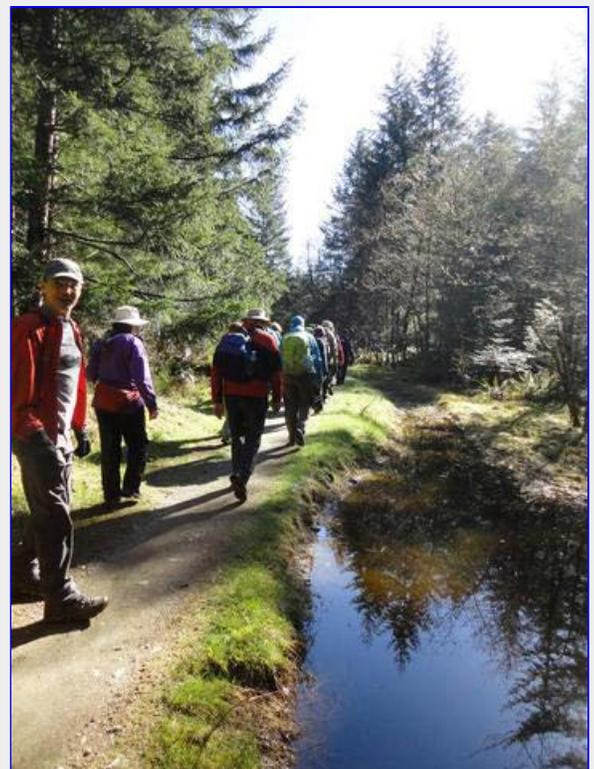
Leader: **Otto Winnig**

Co-Leader: **Krista Kaptein**

Another great Seal Bay hike with Otto. About 12km , 4 hrs in total including lunch at the beach with just a few raindrops.



[Ed Tickner photo]



[Ed Tickner photo]



*At Melda's Marsh*  
[Krista Kaptein photo]



*At the Waterfall*  
[Krista Kaptein photo]



*Spring Salmonberry*  
[Krista Kaptein photo]



[Ed Tickner photo]



*Eagle on the Beach*  
[Krista Kaptein photo]



*Up the Ravine Trail*  
[Krista Kaptein photo]



*Happy group near the end of a beautiful spring walk*  
[Ed Tickner photo]



*Tree Moss-tosser (Varied Thrush)*  
*[Krista Kaptein photo]*

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**Report contributors:** Krista Kaptein, Ed Tickner,

**Participant list (14 of 14):** Janet Beggs, Adrian Houle: **guest**, Frank Hovenden, ☐  
Krista Kaptein, Debra McFadyen, Robert McFadyen, ☐ Don Munroe, Pam Munroe,  
Susan Osso, Gregg Strong, Ed Tickner, Jana Tomanek, Arlene Trustham, ☐  
Otto Winnig,

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