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Trip Report

[Home](#)
[Future trips](#)
[Past trips](#)
[Trip guidelines](#)
[Conditions](#)
[Routes >](#)
[Forum](#)
[Membership](#)
[Reference >](#)
[FAQ](#)
[Photo contest](#)
[What's new](#)

Member

[Lisa >](#)
[Members list](#)
[File cabinet](#)
[PayPal special](#)

Executive

[FMCBC](#)
[Global >](#)
[Group email](#)
[Logs >](#)

View As

[Guest](#)
[Member](#)
[Coleader](#)
[Leader](#)

Changes

☒ today

☐ yesterday

☐ < 7 days

☐ < 30 days

Tree Island Bike And Hike (hiking)

[return to Reports list](#)

Sun Apr 24, 2016

Leader: **Janet Beggs**

Co-Leader: **Susan Osso**

What appeared to be a less than promising day, turned out to be a splendid day indeed! Ten club members partook in a bike & hike trek on Denman Island. The group met at the Denman Ferry in time to catch the 9 am boat ride. With an Experience Card cyclists paid a mere \$6 with no additional charge for their bikes. The days bonuses were just beginning. The initial up hill climb was a great warm up as the group began their 30-minute cycle along the picturesque, quiet route toward the trailhead at Gladstone Way. Serenaded by birds, and surrounded by lush forest was an exquisite way to spend a morning. After securing our bikes to trees the group made its way to the shoreline. Rumours of warm winds approaching from the Baja and arriving along the shores of Denman Island materialized in mid morning when the sun came to pay us a visit. Following a leisurely lunch along the south side of Tree Island the group explored the east side of the Island. With a low tide the vistas were quite outstanding. Eventually the rain blessed us with a light sprinkle as we made our way back to the forest where our bikes waited patiently for our return. We just made the 3:45 ferry. We had ventured from Vancouver Island, to Denman Island to Tree Island and back. A splendid day of island hopping! Thanks Janet for organizing this trip!

Attached is the recipe for Peanut Butter Pleases, snippets of which we shared to celebrate Helen's birthday. This batch had pumpkin seed butter as well as peanut butter. Try Almond or almond and hazelnut.



Just starting out at Denman General Store

[Ed Tickner photo]



Making Our Way to the Trailhead
[Susan Osso photo]



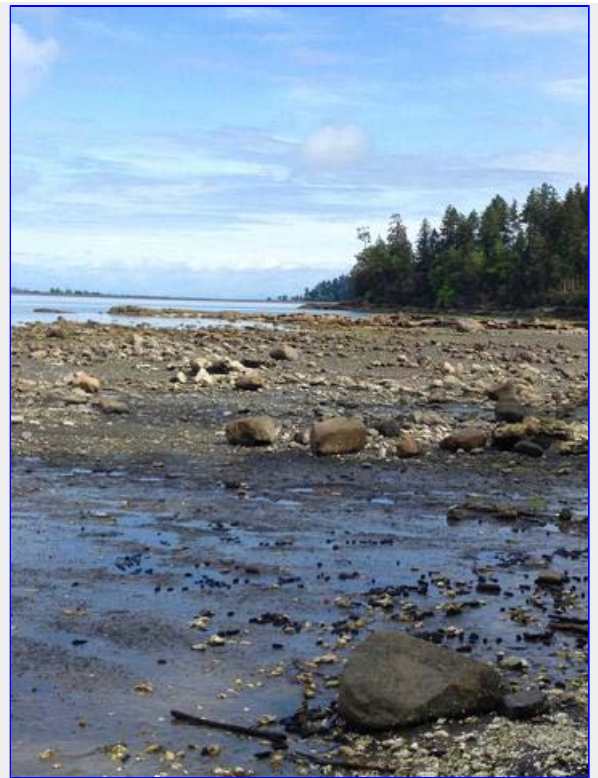
Short rest around midway on the beach walk portion
[Ed Tickner photo]



*Tide wasn't quite low enough so we did a little scrambling
to get by*
[Ed Tickner photo]



Those Warm Winds Arriving!
[Susan Osso photo]



Exquisite Vistas
[Susan Osso photo]



Nature's Splendour
[Susan Osso photo]



Headin' Home
[Susan Osso photo]



*Just getting to the top of the last gentle climb on the way
back*
[Ed Tickner photo]



All safely (and almost dry) aboard
[Ed Tickner photo]

Attachments

- [peanut butter pleases](#) (pdf, 530 Kb)

Report contributors: Janet Beggs, Susan Osso, Ed Tickner,

Participant list (10 of 10): Janet Beggs, Pat Gould, Susan Holvenstot, Cecelia Hund-Reid, Helen Jackson, Susan Osso, Ed Tickner, Arlene Trustham, Mary Weiler:**guest**, Jennifer Williams,

[return to Reports](#)