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Fri Aug 12, 2016

 Leader: **Joe Lumsdon**

 Co-Leader: **Mary Weiler**

Merrily, we arrived at Raven Lodge parking for 6:30am, early start to beat the heat which was a wise decision. We were at Helen MacKenzie about 7:15 am and then onwards and upwards to the ranger cabin for about 8:30 am. Gladly the mud was drying out yet still a factor to be dealt with. The sun was starting to get warm as we passed north of Hairtrigger Lk, then down and up to the pond near Circlet Lk. The challenges of the rocks up to the lookouts overlooking Moat and to our left viewing Cruikshank Canyon were fantastic, listening to the driving outflow from Moat Lake. Being a bit tired, very warm, hungry we stopped for an early lunch on S.Wood Island about 11am. Knowing our distance to travel home we "headed for the barn" via the trail south of Hairtrigger Lk over to Kwai Lk. taking breaks for water and to cool dampen ourselves.

Snack and water at Kwai then to Croteau where one of the cast of the three mouseketeers took a dip in the lake. We marched on and at the end of Battleship Lk we met the new age "Otto" a boy on his first over night camping/hiking trip, walking in with his Mom.

We got back to the truck by about 4pm. after 26.5 Km on a very warm day smiling that we were healthy and ready to enjoy a cleansing bath and some vittles. Thank you for a wonderful day of exercise in our second home "The Park".

Report contributors: Joe Lumsdon,

Participant list (3 of 3): Mary Finnan, Joe Lumsdon, Mary Weiler,

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