

# CDMC

## Trip Report

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**Idiens Lake** (hiking) [return to Reports list](#)

Sun Jul 13, 2014

 Leader: **Tim Penney**

Co-Leader:

The weather today was quite a contrast to last Sunday when I cancelled the Capes Lake trip due to heavy rain.

The TW gate was open, as now seems to be their policy for weekends, so no problem with the key and spill kit etc. We saw no other vehicles on our drive in to the trailhead. At the turnoff for the usual parking area we were able to gain 400 foot of elevation by driving partway up the old logging road.

The usual hot slog up the old overgrown road and into the helicopter logged area was much the same as usual. Ken and others did a great job on clipping. The old CDMC signs are still hanging in there at the junction to Capes or Idiens Lakes.

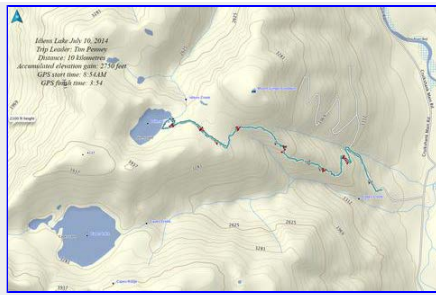
The trail to Capes Lake was quite overgrown in places, but the old blazes and some ribbons were still visible. More clipping was done and some reflective metal blazes were added along the short trail to the lake.

At the approach to the lake, the east end and the outflow creek that eventually drains into the Cruickshank River, can be seen between the trees. Instead of heading straight down to the lake, we took a more attractive route through a beautiful grassy meadow and up onto a rocky knoll above the lake. A cairn and brass plaque for Richard Bertram Idiens, after whom the lake was named, was erected here by the CDMC in 1965 with the help of Karl Stevenson who was on this trip today. Here is a link from Veterans Affairs Canada for you to check out for more information: <http://www.veterans.gc.ca/eng/remembrance/memorials/canadian-virtual-war-memorial/detail/2667181>

From the cairn we headed down to small area of shoreline for our lunch break. Three club members took a refreshing dip and enjoyed the pleasant temperature of the water. This lake is set into a basin with the surrounding hills up to 400 foot higher except, of course, at the outflow. Also, there is very little useable shoreline.

After lunch, with some more clipping along the trail, we had a hot return to the vehicles. For added excitement, one member, took a wrong turn and was missing from the group for about 30 minutes, but fortunately returned to the fold before a full scale search was underway.

One nice break on the way up through the logged off area was a view back down to the Cruickshank River and a herd of 10 elk, adults and kids, cooling their heels both in the river and the shaded areas along the dry river bed.



*GPS route map*  
[Tim Penney photo]



*Parking area partway up the old logging road*  
[Tim Penney photo]



*Old CDMC signs dated 1992*  
[Tim Penney photo]



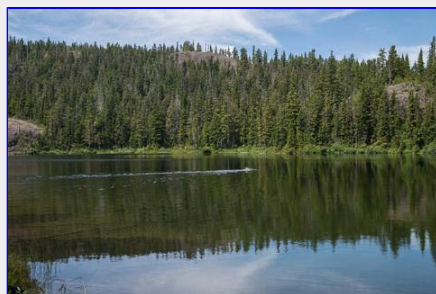
*Meadows as we approached the lake*  
[Tim Penney photo]



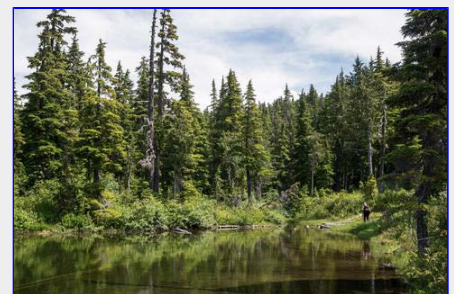
*Lunch area*  
[Tim Penney photo]



*View down the lake from the outflow*  
[Tim Penney photo]



*Glen C. enjoying his swim*  
[Tim Penney photo]



*At the outflow creek*  
[Tim Penney photo]

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**Report contributors:** Tim P,

**Participant list (9 of 9):** Jackie A, Kim B, Wayne C, Glen C, Kathryn L, Tim P,

Ken R, Karl S, Otto W,

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