

# CDMC

[Home](#)
[Future trips](#)
[Past trips](#)
[Trip guidelines](#)
[Conditions](#)
[Routes >](#)
[Forum](#)
[Membership](#)
[Reference >](#)
[FAQ](#)
[Photo contest](#)
[What's new](#)
[Member](#)
[Login](#)
[Changes](#)

- today
- yesterday
- < 7 days
- < 30 days

## Trip Report

**Capes Lake** (hiking) [return to Reports list](#)

Sun Jul 07, 2013

Leader: **Tim Penney**

Co-Leader:

Capes Lake 7-7-2013

When two vehicles didn't show up at the Cruickshank Bridge, where the rest of us were waiting, I took a drive back along the road and found that we had a truck with a flat tire. Some difficulty in getting access to the vehicle jack was eventually resolved by using a jack from Bob's vehicle. Finally on the move again, we started from the trailhead about 15 minutes behind Otto's Ginger Goodwin group.

A good steep climb from the vehicles had our group meeting up with the other group at around the turtle rock elevation. After a brief rest my group started off again ahead of Otto's group, completed the remaining elevation up the ridge and then followed the old sidehill trail to Capes Lake. The trail was clearly defined with lots of flagging and some red tree markers. Some trail work, though, would definitely make for a better trip.

We spent about 1 hour at the lake enjoying the scenery and, for some of us, a dip in the not very cold waters of this deep lake.

We left the lake at 2:40 and followed the trail back to the start of the steep drop down the ridge for the slip sliding slog back to the vehicles. We were all back at the trailhead by around 5PM and then had an uneventful drive back to the TimberWest gate.

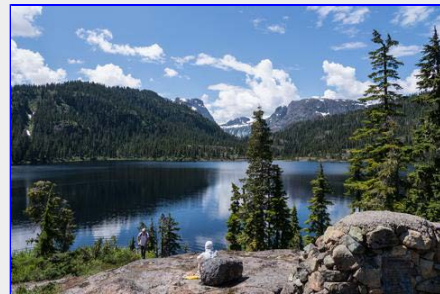
A small group of us enjoyed relaxing and rehydration at Manviro's Indian Restaurant.

This strenuous trip, with a group of similarly fit hikers, worked out well and allowed us to get back to the vehicles without making Otto's group wait for the all important gate opening ceremony.

It was also appreciated the Ken spent time clipping out the trail and adding new tree markers where appropriate. Thanks for your good work Ken.



*One slightly awkward section on the Capes Lake trail*  
[Tim Penney photo]



*Capes Lake view with the Geoff Capes cairn and*

*commemorative plaque on the  
right*

*[Tim Penney photo]*



*Turtle rock*  
*[Carol Hunter photo]*



*The two groups enjoy a break in  
the shade*  
*[Carol Hunter photo]*



*The heather was beautiful*  
*[Carol Hunter photo]*

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**Report contributors:** Carol H, Tim P,

**Participant list (11 of 11):** Glen C, Linda H, Ian H:**guest**, Carol H, Tim P, Andy R, Wink R:**guest**, Bob S, Karl S, David W, Sharon W,

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