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Trip Report

Mount Allan Brooks (hiking) [return to Reports list](#)

Sun Oct 17, 2010

 Leader: **Tim Penney**

Co-Leader:

Mount Allan Brooks 17-10-10

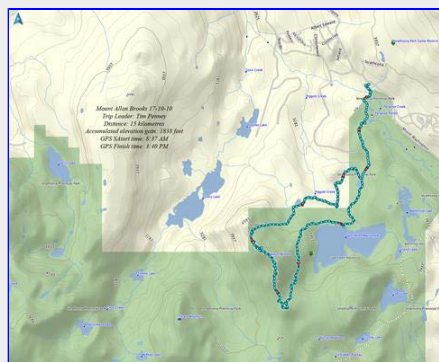
As the weekend was approaching the weather forecast was getting better and better for Sunday, 17 October. Although Otto had his Seal Bay Park hike already posted, as part of the schedule from the beginning of the season, it seemed a shame to not take advantage of the good weather for another mountain hike. Having not done Allan Brooks from the south ridge this seemed like a good day for such a trip.

The weather was as good as the forecast and four hikers turned out for yet another fall colours hike in Strathcona Park. We had a cold and frosty start to the day and encountered numerous frozen ponds and even some signs of snow at the higher elevations.

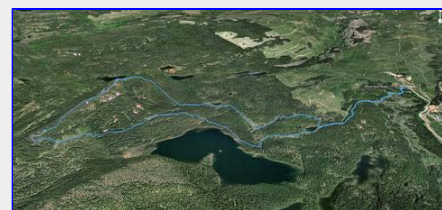
We took the higher route around Helen Mackenzie Lake that meandered nicely through beautiful frosty meadows interspersed with some easy bushwhacking. We made a steady climb to the start of the south ridge of Mount Allan Brooks. At this point we had to do a bit of searching to pick up the trail but once on the correct route we found that it was flagged quite well in orange tape. After another 700 feet of elevation gain we were on the summit for our lunch break at midday.

During our lunch we had great views across the top of Strata Mountain to our local mountains and noted a fresh dusting of snow on Regan and Albert Edward. After our lunch break we headed down on the north end of the ridge but kept well to the west of the summer trail at the lower levels and bushwhacked down to Piggott Creek Meadows, to the north of the bridge crossing. We eventually joined up with the summer trail on the boardwalk alongside the ponds area. Several small lakes and meadows were encountered along our route.

[More photos](#) are available for viewing.



GPS Map
[Tim Penney photo]



Satellite overlay
[Tim Penney photo]



Cold and frosty start to the trip
[Tim Penney photo]



*Still some fall colours in the
berry bushes*
[Tim Penney photo]



Our destination
[Tim Penney photo]



*One of numerous meadows that
we crossed on this trip*
[Tim Penney photo]



Heading up the south ridge
[Tim Penney photo]



Nearly at the summit
[Tim Penney photo]



*Lunchtime view shows a dusting
of snow on Mount Albert
Edward and Regan*
[Tim Penney photo]



*We came across one patch of
snow from last winter. Snow
shoes not required.*
[Tim Penney photo]

Report contributors: Tim P,

Participant list (4 of 4): John G, Tim P, Andy R, William W,

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