

CDMC

Trip Report

[Home](#)
[Future trips](#)
[Past trips](#)
[Trip guidelines](#)
[Conditions](#)
[Routes >](#)
[Forum](#)
[Membership](#)
[Reference >](#)
[FAQ](#)
[Photo contest](#)
[What's new](#)

Member

[Lisa >](#)
[Members list](#)
[File cabinet](#)
[PayPal special](#)

Executive

[FMCBC](#)
[Global >](#)
[Group email](#)
[Logs >](#)

View As

[Guest](#)
[Member](#)
[Coleader](#)
[Leader](#)

Changes

[today](#)
[yesterday](#)
[< 7 days](#)
[< 30 days](#)

Arrowsmith Lookout Loop (hiking)

[return to Reports list](#)

Thu Sep 15, 2016

Leader: **Mary Finnan**

Co-Leader: **Joe Lumsdon**

Six hikers left Harmston in bright sunshine at 7 am. A quick stop for Creekmore coffee beamed up some for the morning. We were joined by one more hiker at the trailhead. This was a new hike for the majority of the group.

The hike started at 8:10 am with a gentle pace to the official trailhead. We then started the steep ascent with lots of switchbacks. The water level at McBey bridge was low and the sound of the waterfall at McBey waterfall was but a whimper due to the recent dry weather. We ascended via the Old CPR route. We observed a variety of mushrooms (some Texas sized) and colorful fungus. The last blueberries of the season were enjoyed by the zealous berry pickers in our group.

We arrived at the Lookout at 12 noon for lunch and a well earned rest. The "thieving" Whiskey Jacks managed to charm us and then steal somebody's favorite lunch treat. The rolling marine fog below us quickly disappeared. This allowed us great views of the surrounding area. With Tims new app. - we were able to identify and see the peaks of mountains - both far and near.

We returned via the East Loop. The leader managed to overshoot the Cameron Lake return sign. This allowed us to gain extra elevation and mileage. We arrived back at our vehicles at 3 pm.

Statistics from the trip:

Distance 17.4 kilometres

Accumulated elevation gain: 1096 metres

A trip to Whiskey Creek for ice cream completed a very enjoyable hike.



At the actual trailhead

[Tim Penney photo]



Bridge across McBey Creek
[Tim Penney photo]



*McBey Creek waterfall without much
water*
[Tim Penney photo]



Small mossy side creek crossing the trail
[Tim Penney photo]



McBey Creek with a messy collection of blowdown
[Tim Penney photo]



Mount Cokely radio transmitters
[Tim Penney photo]



*Looking down to Wesley Ridge with Curran, Squarehead
and Joan in the background*
[Tim Penney photo]



Lunchtime viewpoint
[Tim Penney photo]



Texas Sized Mushrooms
[Mary Finnan photo]



[Tammy Sundby photo]

Report contributors: Mary Finnan, Tim Penney, Tammy Sundby,

Participant list (7 of 8): Mary Finnan, Jim Guthrie, Tony Harding, Joe Lumsdon, Tim Penney, Tammy Sundby, Anneke VanderMeer,

[return to Reports](#)