This was a trip arranged at short notice with the idea of getting a bit of exercise after the Christmas and New Year's excesses. Trip participants included Tim Penney, Chris Carter, William Wright & Geoff Brameld.

We took the usual route up to Battleship Lake having stopped to shake hands with the snowman in the Meadows. It was a very foggy morning with temperatures hovering around the zero mark. We stopped for a morning tea break at Battleship Lake and then continued to the far end before crossing over to the Lakes Ski Trail and then on down to Helen Mackenzie Lake. We had very limited visibility heading across the lake and heard a few ominous noises as the ice was settling around us.

We stopped for lunch on the small island and got some shelter form the wind in the leeward side of the trees. By the time we finished our lunch the visibility has significantly improved as we ambled on towards the Raven Lodge and a cup of hot chocolate. On the way back to the Lodge we bumped into Linda & Terri who were planning to do our route but in reverse.

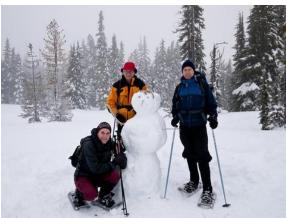
All in all another good day on the mountain. Are there ever bad day's on the mountain?

More photos are available for viewing.

Tim P.

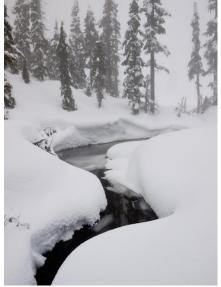


*Tim, Chris & William getting acquainted with the snowman* [*Tim Penney photo*]

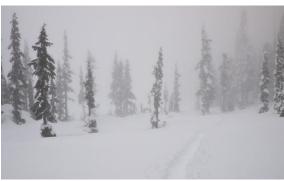




Lots of snow heading up to Battleship Lake on the summer trail [Tim Penney photo]



Very foggy at the north end of Battleship Lake [Tim Penney photo]



North end of Battleship Lake [Tim Penney photo]



Geoff crossing over to Helen Mackenzie at the south end of Battleship Lake [Tim Penney photo]



William enjoying his lunch break [Tim Penney photo]

Report contributors: Tim Penney, Bob St.John,

Participant list (4 of 4): Geoff Brameld, Chris Carter, Tim Penney, William Wright,